

There are 3 ways to enjoy therapeutic bathing, with each one being unique in its delivery of experience and therapy.



Loose Herbs and Salts

This method is an infusion of the product with the bathwater running, just pour the desired amount into the bath. Allowing you to watch it work its magic floating all around you. When completed with the treatment just rinse the herbs into a pile and discard.

Cotton Bag or Spice Ball

Pour the desired amount into the container, allowing the salts and herbs to infuse while being contained for easy clean up after your treatment.

Infusion

Bringing a pot of water to a boil remove from heat and add herbs and salts allowing to sit and simmer for 10 minutes. Next strain the infusion into the bath water soaking in bliss for 15 to 20 minutes.

EARTH AND WATER
BATHHOUSE